

SHUTTLE KIDZ Daily Schedule 3-5 year olds

Duration	Time	Activity
30 mins	09h00 – 09h30	Greetings Weather, days of the week, month etc Literacy/Numeracy Theme discussion
10 mins	09h30 – 09h40	Toilet routine (counting, colours, shapes can be done at this time)
50 mins	09h40 – 10h30	Group 1 (half the class) Creative activities/educational play/fine motor Group 2 (other half of class) Outside play/Music and drama
30 mins	10h30 – 11h00	Fruit and juice
10 mins	11h00 – 11h10	Toilet routine (counting, colours, shapes can be done at this time)
50/60 mins	11h10 – 12h00/12h10	Group 2 Creative activities/educational play/fine motor Group 1 Outside play/Music and drama
10/15 mins	12h00 – 12h15	Story/singing
Lunch		
Nap time		
15 mins	14h15 – 14h30	Wake up and toilet routine
30mins	14h30 – 15h00	Free outside play/singing/story/dancing/games—eg. Musical chairs
25/30 mins	15h00 – 15h30	Bread and juice
90 mins	15h30 – 17h30	Outside play (Free/structured), Inside play (Free/structured)

Notes:

You need to complete all your planning within the daily routine.

On very busy/disruptive days (e.g. photo day), it isn't a train smash if you don't get to everything on your planning and the daily routine doesn't go as planned. Just try to stick to it as closely as possible. However, it cannot become a habit.

There is room for a bit of freedom. If you feel you would like to do your story/singing etc at a different time that is ok- as long as you fit everything into your day. If you finish up something before the allocated time you can slot in story time, music & drama, free outside play etc.

The chn MUST get outside play at least once in the morning.

The group that is inside doing the art activities must be split up further. This is where you will have your 4 activities/tables set up. The chn inside will rotate around them. Please make sure everyone goes to each activity. Don't let 1 child stay at one activity the whole time. These exact same activities must be set up for both groups – all the chn must do the same thing on each day.

While you have freedom to choose what creative activities you do each morning, the following have to be done:

Play dough: at least twice a week.

Cutting: twice a week. (teachers may cut out small items, as long as the chn have cut twice in the week.)

Construction of some sort (box, on flat cardboard, construction game/blocks): at least once a week.

Fantasy play (dress up clothes, pots & pans, stove, dolls etc): at least twice a week.

Please refer to your 'Weekly Requirements' list to ensure that you do everything else that is required.